

Parents should encourage their children to spend less time on studying and more time on doing sports and other physical activities. Do you agree or disagree?

These days, the issue of how much time young generations should be spent on exercise or study has become a controversial debate. Whereas a plethora of people subscribe to the theory that scholars should be persuaded to do physical activities during their course, the other group holds the view that academic subjects are indispensable parts of modern life.

As far as education is concerned, it is an inseparable component of humans' life. In other words, not only could it lead to the development of personality in juniors but also, it plays a vital role in their future successions. A skilled student, who has already acquired a wide range of practical and theoretical knowledge in varied academic fields, has a more chance to be recruited in a suitable company; as a result, feeling more job satisfaction. Apart from this, raising intellectual abilities provides insights into diverse issues that might happen in life; therefore, the mindful person could respond more accurately. To exemplify, Japan's successions are invariably due to having be brought children up who employ their knowledge to develop their country constantly.

On the other hand, when it comes to physical health, there is no doubt that doing physical activities is required. That is to say, several scientists firmly believe the modern society suffers from insufficient activities. Furthermore, a sedentary lifestyle particularly in students likely contributes to numerous injuries and diseases in their future; hence, they should be encouraged to be more active on a regular basis to prevent such problems. Besides, sports substantially help pupils to increase their mental capacity to acquire a broader range of information and knowledge. Finally, students have as much motivation as energy.

In conclusion, gaining different academic subjects and methods offer a bright future for scholars since they know how to collaborate and utilize their knowledge. However, the role of sports should not be underestimated to sustain energy and increase the capacity of learning. In my view, both components are equally essential for students, and it is incumbent on parents and figures to pave the way for juniors.